

Gurit E. Birnbaum, Ph.D.  
Department of Psychology  
Bar-Ilan University  
Ramat-Gan, 52900, Israel  
Email address: [birnbag@mail.biu.ac.il](mailto:birnbag@mail.biu.ac.il)

**Date of Birth:** December 1968

**Marital Status:** Divorced+2

### **Education**

1998-1999                      The Department of Clinical and Social Sciences in Psychology, University of Rochester, U.S.A: Postdoctoral Fellowship.

1992-1998                      Ph.D. With Highest Distinction in Experimental Psychology, Bar-Ilan University, Ramat-Gan, Israel.

1989-1992                      BA Degree Summa Cum Laude in Psychology as major subject and Life Sciences as minor, Bar-Ilan University, Ramat-Gan, Israel.

### **Academic Positions**

Since 2002                      The Department of Psychology, Bar-Ilan University, Ramat-Gan, Israel: Lecturer.

1999-2002                      The Department of Psychology, Bar-Ilan University, Ramat-Gan, Israel: Instructor.

1998-1999                      The Department of Clinical and Social Sciences in Psychology, University of Rochester, U.S.A: Teaching Assistant.

1994-1997                      The Social Work School, Bar-Ilan University, Ramat-Gan, Israel: Research and Statistics Counselor.

1992-1997                      The Department of Psychology, Bar-Ilan University, Ramat-Gan, Israel: Teaching Assistant and Statistics Counselor.

### **Research Positions**

Since 1999                      The Peleg-Bilig Center for the Study of Family Well  
Being, Bar-Ilan University, Ramat-Gan, Israel:  
Researcher.

### **Awards and Scholarships**

1996                      Excellency Scholarship, Bar-Ilan University, Ramat-Gan, Israel  
1995                      Excellency Scholarship, Bar-Ilan University, Ramat-Gan, Israel  
1994                      Wolf Award, Bar-Ilan University, Ramat-Gan, Israel  
1992                      Excellency Scholarship, Bar-Ilan University, Ramat-Gan, Israel  
1992                      Rector's Award  
1991                      Rector's Award  
1990                      Rector's Award

### **Grants**

Gonda Clinical Research Grant (\$9000). (2005). For a study on the psycho-neuroendocrine and autonomic nervous system response to sexual stimuli: The moderating role of hyperactivating and deactivating strategies (co-PI with Ohad Cohen, Mario Mikulincer, & Gilad Hirschberger).

### **Refereed Publications**

1. Birnbaum, G. E., Orr, I., Mikulincer, M., & Florian, V. (1997). When marriage breaks up - Does attachment style contribute to coping and mental health? *Journal of Social and Personal Relationships*, 14(5), 643-654.
2. Mikulincer, M., Birnbaum, G., Woddis, D., & Nachmias, O. (2000). Stress and accessibility of proximity-related thoughts: Exploring the species-typical and intraindividual components of attachment theory. *Journal of Personality and Social Psychology*, 78(3), 509-523.
3. Birnbaum, G., Glaubman, H., & Mikulincer, M. (2001). Women's Experiences of Heterosexual Intercourse—Scale Construction, Factor Structure, and Relations to Orgasmic Disorder. *The Journal of Sex Research*, 38, 191-204.

4. Mikulincer, M., Florian, V., Birnbaum, G., & Malishkevich, S. (2002). The death-anxiety buffering function of close relationships: Exploring the effects of separation reminders on death-thought accessibility. *Personality and Social Psychology Bulletin*, 28(3), 287-299.
5. Birnbaum, G. E. (2003). The meaning of heterosexual intercourse among women with female orgasmic disorder. *Archives of Sexual Behavior*, 32(1), 61-71.
6. Birnbaum, G. E., & Laser-Brandt, D. (2002). Gender differences in the experience of heterosexual intercourse. *The Canadian Journal of Human Sexuality*, 11(3-4), 143-158.
7. Birnbaum, G. E., & Reis, H. T. (2005). Women's sexual working models: An evolutionary-attachment perspective. Manuscript submitted for publication.
8. Birnbaum, G. E., & Gillath, O. (in press). Measuring subgoals of the sexual behavioral system: What is sex good for? *Journal of Social and Personal Relationships*.
9. Cohen, O., Birnbaum, G. E., Meyuchas, R., Levinger, Z., Florian, V., & Mikulincer, M. (2005). Attachment orientations and spouse support in adults with type 2 diabetes. *Psychology, Health, and Medicine*, 10, 161-165.
10. Birnbaum, G. E., Reis, H. T., Mikulincer, M., Gillath, O., & Orpaz, A. (2005). When sex is more than just sex: Attachment orientations, sexual experience, and relationship quality. Manuscript submitted for publication.
11. Birnbaum, G. E. (2005). Is it all about sex? Attachment orientations, sexual functioning, and relationship satisfaction in a community sample of women. Manuscript submitted for publication.

12. Gillath, O., Mikulincer, M., Birnbaum, G. E., & Shaver, P. R. (2005). Does subliminal exposure to sexual stimuli have the same effects on men and women?

Manuscript submitted for publication.

13. Birnbaum, G. E., Cohen, O., & Wertheimer, V. (2005). Cognitive, emotional, and relational correlates of sexual functioning in young and middle-aged women. Manuscript in preparation.

14. Birnbaum, G. E., Mikulincer, M., & Gillath, O. (2005). Attachment orientations, sexual fantasies, and romantic relationship: A diary study. Manuscript in preparation.

15. Birnbaum, G. E., Porat, O., Bar-Shalom, A., & Svitelman, N. (2005). Attachment orientations and the effects of relationship threats on sexual fantasies. Manuscript in preparation.

16. Birnbaum, G. E., Barnea, E., & Assulin-Simhon, Z. (2005). The effects of chronic and contextual activation of attachment orientations on sexual fantasies. Manuscript in preparation.

### **Papers Presented at Scientific Conferences**

1. Birnbaum, G. E. (1993). When marriage breaks up - Does attachment style contribute to coping and mental health? Paper presented at the 24th Israeli Psychological Association Scientific Meeting, Bar-Ilan University, Ramat-Gan, Israel.

2. Birnbaum, G. E. (1995). The avoidant attachment style - Secure or Anxious-ambivalent!?! Paper presented at the Conference on Attachment, Bar Ilan University, Ramat-Gan, Israel.

3. Birnbaum, G. E. (1996). A phenomenological view of orgasmic dysfunction: A search of the sexual experience and its meaning. Paper presented at the Second Scientific Conference, Bar-Ilan University, Ramat-Gan, Israel.

4. Birnbaum, G. E. (1997). A phenomenological view of orgasmic dysfunction: A search of the sexual experience and its meaning. Paper presented at the 26th Israeli Psychological Association Scientific Meeting, Tel-Aviv University, Tel-Aviv, Israel.
5. Birnbaum, G. E. (2000). The sexual behavioral system from evolutionary perspective. Paper presented at the Third International Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel.
6. Birnbaum, G. E., Orpaz, A., & Gillath, O. (2002). Attachment and sexuality: A diary study. Paper presented at the Fifth Scientific Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel.
7. Birnbaum, G. E., Mikulincer, M., Gillath, O., Orpaz, A., & Reis, H. T. (2003). Sexuality and romantic relationship: The moderating role of attachment styles. Poster presented at the 4<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, February 6<sup>th</sup>-8<sup>th</sup>, Los Angeles, CA.
8. Birnbaum, G. E., & Gillath, O. (2003). Sexual Fantasies of Couples: A diary study. Paper presented at the Sixth Scientific Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel, June 25<sup>th</sup>.
9. Gillath, O., Mikulincer, M., & Birnbaum, G. E. (2003). Sex and couple relationships: Evolutionary and Individual Components. Paper presented at the Sixth Scientific Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel, June 25<sup>th</sup>.
10. Gillath, O., Mikulincer, M., & Birnbaum, G. E. (2003). An Analysis of the Sub-Goals of the Sexual Behavioral System: Dual Processes. Poster presented at the Israel Cognitive Psychology Association - Workshop, Ben-Gurion University of the Negev, Beer-Sheva, Israel, June 26<sup>th</sup>.
11. Birnbaum, G. E., & Gillath, O. (2004). Sexual fantasies and romantic relationship: The moderating role of attachment styles. Paper presented at the 5<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, January 29<sup>th</sup>-31<sup>st</sup>, Austin, Texas.

12. Birnbaum, G. E., & Gillath, O. (2004). Sexual fantasies of Couples: An Attachment Theoretical Perspective. Paper presented at the 1<sup>st</sup> Israeli Multi-Disciplinary Conference for Qualitative Methodologies, March 22<sup>nd</sup>-23<sup>rd</sup>, Tel-Aviv, Israel.
13. Birnbaum, G. E. (2004). Sexual fantasies and a threat to romantic relationships. Paper presented at the Seventh Scientific Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel, June 22<sup>nd</sup>.
14. Birnbaum, G. E., & Reis, H. T. (2004). Attachment-style differences in the functioning of the sexual system within romantic relationships. Paper presented at the International Association for Relationship Research Conference, July 22<sup>nd</sup>-25<sup>th</sup>, Madison, Wisconsin.
15. Birnbaum, G. E., Barnea, E., & Assulin-Simhon, Z. (2005). The Effects of Chronic and Contextual Activation of Attachment Orientations on Sexual Fantasies. Poster presented at the 6<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, January 20<sup>th</sup>-22<sup>nd</sup>, New Orleans, LA.
16. Birnbaum, G. E., & Cohen, O. (2005). Sexual functioning and relationship satisfaction in middle-aged women. Paper presented at the Eighth Scientific Conference of the Peleg-Bilig Center for the Study of Family Well-Being, Bar-Ilan University, Ramat-Gan, Israel, June 16<sup>th</sup>.

**Ad-Hoc Reviewer (Journals)**

1. Journal of Social and Personal Relationships
2. Personal Relationships

**Professional Affiliations**

Society for Personality and Social Psychology  
International Association for Relationship Research

**Supervision of M.A. and doctoral dissertations**

M.A.

Proposal approved: 2 students

Theses completed: 10 students

Ph.D.

Proposal approved: 4 students